



Bringing confidence and joy to young readers

What is "Reading Tails"?

Reading Tails is an 8-week program where young people experience the positive impact of reading alongside a certified therapy dog and experienced mentor. Our sessions are designed to boost reading confidence, reduce anxiety, and foster a lifelong love of books in a calm, supportive environment. Looking to help young people feel good about reading, build new skills, and enjoy positive social connections?

This program is designed to make a meaningful difference for every participant.

Activity Highlights

Building reading confidence and motivation

Reducing reading-related anxiety

Supporting all learning styles and backgrounds

Encouraging teamwork, communication, and positive relationships

Tailored literacy activities and personal reading goals

Program Options to Suit Your Needs

8-week program (one session per week)

Flexible for schools and libraries

No cost to families—covered by your school or library

Perfect for reluctant or anxious readers, and anyone who could benefit from extra encouragement.



Benefits

- Boosts reading confidence and emotional well-being
- Encourages a love of books and learning
- Supports peer relationships and positive social skills
- Provides a safe, inclusive, and enjoyable space

Why Choose Dog-Assisted Learning?

- Lower stress and make reading fun
- Encourage engagement and focus in a calm environment
- Build trust and confidence through positive interactions
- Support emotional regulation and mindfulness.

Important Details

- Maximum of 10 participants per group for focused support
- All sessions are inclusive, evidence-based, and tailored to individual needs
- Participants receive a certificate and celebrate their progress at the end

What People Are Saying

"My daughter started sessions in 2020 when she had a massive spike in her anxiety. The Canine Comprehension sessions quickly became a highlight of her week and really helped reduce her anxiety. She has always loved dogs and so these sessions are perfect to help her recover from a stressful week."

— Parent/Carer, Reading Tails participant

www.CanineComprehension.com.au