



# Dog for a day



A Canine Comprehension Tutor and Dog team will spend an entire day spending time with those who need our time most. This “drop-in” experience will include:

- ✓ **Meet the dog:** pats, cuddles and happiness, where participants are invited to drop into the staff room whenever they have time to visit. (flexible numbers and times)
- ✓ **Just add Dog Mindfulness:** 20-minute sessions in a quiet room to relax. Dogs can teach us so much about living in the moment - we want to share this unique relaxation with you. (Max. 5 people, quiet area, 5m square floor area required)
- ✓ **Let dogs teach us:** 20-minute sessions where the facilitator discusses the hierarchy of needs and participants can practice trick training with the dog. (Max. 5 people, quiet area, 5m square floor area required)

Times: 9.30 am - 3.00 pm.

The tutor requires 30mins break and 45mins lunch.

The dog may also require a few 10-minute breaks throughout the day.